

# True Evolutions

*Growth Opportunities for Individuals, Teams, & Organizations*



Coaching is a partnership and a process that focuses on the client to improve personal insight, effectiveness, and the ability to achieve specific goals.

## Powerful Partnership

- ✓ You are creative and resourceful, and want to make change for personal and/or business growth
- ✓ I am a partner who is devoted to helping you gain valuable insight and take productive action to move forward with momentum

## Keys for Success

- ✓ We coach for at least 6 sessions over at least 6 weeks
- ✓ You are engaged with both reflection and action
- ✓ We establish meaningful measures of success
- ✓ Coaching conversations are confidential unless you invite an exchange of information with others

Coaching is useful for those who:

- ❖ Are in a time of transition
- ❖ Want greater self-awareness and clarity
- ❖ Want to grow their business
- ❖ Want to improve their effectiveness
- ❖ Need support in achieving their goals

## How It Works

- ✓ We establish your clear goals
- ✓ We meet in person or via phone every 1-2 weeks
- ✓ You bring the focus for each conversation
- ✓ We challenge assumptions, uncover insights, & determine "fieldwork" for your progress
- ✓ We check on progress, determine how to overcome barriers, celebrate successes



*"Through thoughtful questioning and respectful examinations, Jackie worked with me to identify areas of personal and professional growth. She has helped me to be a better leader and communicator."*

Matt Fisher, Director Product Strategy, CDA Foundation



Jackie Alcalde Marr, MHROD, CPCC, PCC  
Evolutions Consulting Group  
[www.trueevolutions.com](http://www.trueevolutions.com)  
[jackie@trueevolutions.com](mailto:jackie@trueevolutions.com)  
650.303.7095

*Evolutions Consulting provides creative solutions for true evolutions.*

Coaching \* Leadership Development \* Team Effectiveness \* Strategic Planning \* Organization Development